



# hipRAP®

## orthoRAP® Post-Operative Wound Care Wraps

**ORDER # 003-11-SIZE (P, S, M, L, XL & Ext.)**

The hipRAP® is applied immediately after surgery and is used for post-operative wound care. The hipRAP® is made from the finest quality of stretch absorbent material. It provides soft tissue support and secures sterile dressings in place without the use of harsh medical tapes. Its unique design features a special pocket to hold the koolPAK® in place for cold therapy/pain relief.

- *Tapeless support of post-operative dressings*
- *Helps eliminate tape blisters*
- *Greatly improves patient comfort*
- *Velcro® attachments allow for easy wound checks*
- *Easy access koolPAK® pocket*
- *Can reduce complications*
- *Decreases wound care time*
- *Latex-free*
- *Reversible to "right" or "left"*

## PRECAUTIONS

OrthoRAP® products are not designed for any other use except as indicated. The wraps should be applied properly by a **MEDICAL PROFESSIONAL ONLY**. The patient should be frequently monitored for signs of discoloration or circulatory problems. The products are **NOT STERILE**. **DO NOT APPLY DIRECTLY ONTO WOUND. PLACE STERILE DRESSING (without tape) BETWEEN THE WRAP AND THE WOUND.**

As the sizing chart is approximate, the optimal size may need to be determined at the time of application. **DO NOT USE ON PATIENTS WITH ALLERGIES TO COTTON OR LYCRA.**

## INSTRUCTIONS

1. Place a sterile dressing over the wound. **DO NOT USE TAPE.**
2. The hipRAP® is placed directly over the sterile dressing on the lateral waist-hip-thigh areas. You should be able to read "right" after it is applied to the right hip; "left" when applied to the left hip.
3. Adjust the hipRAP® so the groin, buttock and inner thigh area have ample space for perineal care and so that the edges do not "bite into" the skin and cause irritation.
4. Slide the waist portion around the back & remove the felt from the hook and attach **THE HOOK & LOOP ON THE ANTERIOR ABDOMEN** as shown. See **FIGURE 1**.
5. Apply the thigh portion across the buttock, around the inner thigh and connect the hook and loop attachment so that the support is uniform and the edges don't bite into the skin. Use the natural contours of the patient to guide the position of the hook/loop attachments so the support is uniform. See **FIGURE 2**.



**FIGURE 1**



**FIGURE 2**

6. Place a koolPAK® in between the layers of fabric for cold therapy/pain relief. See FIGURE 3.
7. Smooth and adjust the hipRAP® so that there are no wrinkles, edges do not bunch or bite into the patient's skin. Adjust the fit of the hipRAP® often to ensure comfort. Adjust at least every nursing shift or more frequent if patient has pain or discomfort from the wrap. For obese patients, see the hipRAP®-Extension application instructions.
8. If the wrap seems too tight, especially in a patient that holds their weight around their hips and thighs, use the next larger size hipRAP® than indicated on the sizing chart (located on the box).



FIGURE 3

## *hipRAP® Extension*

*Waist & Thigh Extensions For  
Obese/Difficult-to-Fit Body Shapes*

### INSTRUCTIONS

1. hipRAP®-Extension should be used to allow appropriate application of the hipRAP® without causing tightness or irritation to the thigh. They are designed to be attached to the waist and thigh portions of the Large & XL hipRAP®.
2. Attach the Extension at the waist and/or thigh by using the hook and loop attachments as shown above in Figure 1.

### WASHING INSTRUCTIONS

Wash in cold water and hang dry.



FIGURE 1